

The Sports Club/LA - Washington DC



2009 Washington DC Tri To Help™ Indoor Triathlon Results List



	Name	Sex	Age	Bib #	Number Of Pool Lengths (25 Meter Lengths)	Swim Points	Bike Distance (Miles)	Bike Points	Run Distance (Miles)	Run Points	Total Points
Men - Sprint Triathlon											
1	Leonard Bechtel	M	46	476	32	100.00	12.25	98.95	2.66	100.00	298.95
2	Richard Remigio	M	27	480	31	96.88	11.26	90.95	2.65	99.62	287.45
3	Mark Walter	M	44	467	26	81.25	12.38	100.00	2.65	99.62	280.87
4	Eric Boggess	M	41	466	30	93.75	10.3	83.20	2.49	93.61	270.56
5	Brian Butler	M	30	496	21	65.63	12.13	97.98	2.48	93.23	256.84
6	Jeremiah Grieger	M	30	477	26	81.25	10.10	81.58	2.38	89.47	252.31
7	Jack Sugarman	M	35	497	28	87.50	10.64	85.95	2.07	77.82	251.26
8	Payton Harshaw	M		479	19	59.38	10.74	86.75	2.64	99.25	245.38
9	Kieran Hartwell	M	31	499	16	50.00	10.52	84.98	2.59	97.37	232.34
10	Alex Albertini	M	27	487	18	56.25	10.55	85.22	2.33	87.59	229.06
11	Mark Middlebusher	M	43	473	16	50.00	9.05	73.10	2.04	76.69	199.79
12	Shannon Hyland	M	43	498	15	46.88	8.11	65.51	1.95	73.31	185.69
13	Andy Newman	M	38	501	17	53.13	6.78	54.77	2.01	75.56	183.45

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Women - Sprint Triathlon											
1	Katie Duncombe	F	28	475	39	100.00	11.03	97.44	2.43	99.18	296.62
2	Merritt Allaun	F	24	474	31	79.49	10.42	92.05	2.10	85.71	257.25
3	Lisa Galik	F	24	486	34	87.18	9.30	82.16	2.15	87.76	257.09
4	Camille Flaherty	F	36	483	28	71.79	10.05	88.78	2.13	86.94	247.51
5	Angela Debrecht	F	23	493	18	46.15	11.32	100.00	2.45	100.00	246.15
6	Sarah Lane	F	27	489	25	64.10	10.78	95.23	2.11	86.12	245.45
7	Francesca Carregal	F	21	494	31	79.49	9.49	83.83	2.01	82.04	245.36
8	Elizabeth Eidal	F	42	482	24	61.54	9.54	84.28	2.43	99.18	245.00
9	Laura Milazzo	F	25	495	26	66.67	9.80	86.57	2.06	84.08	237.32
10	Kristen Machen	F	26	481	24	61.54	8.07	71.29	2.12	86.53	219.36
11	Kelly Grieger	F	34	484	24	61.54	10.28	90.81	1.59	64.90	217.25
12	Heather Barrett	F	42	471	18	46.15	9.71	85.78	1.93	78.78	210.71
13	Willo Grimes	F	39	465	20	51.28	10.49	92.67	1.61	65.71	209.66
14	Melissa Boyd	F	28	488	16	41.03	10.79	95.32	1.72	70.20	206.55
15	Sonia Ruseler	F	46	478	23	58.97	8.61	76.06	1.75	71.43	206.46
16	Christy Stephens	F	31	485	17	43.59	10.90	96.29	1.36	55.51	195.39
17	Liana Vitali	F	26	491	23	58.97	9.63	85.07	1.20	48.98	193.02
18	Tobey Samuel	F	24	500	19	48.72	7.90	69.79	1.78	72.65	191.16

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19	Ellen Moiani	F	23	492	22	56.41	8.35	73.76	1.45	59.18	189.36
20	Karen Becht	F	45	472	20	51.28	8.75	77.30	1.35	55.10	183.68
21	Karey Harris	F	24	490	14	35.90	9.70	85.69	1.24	50.61	172.20
22	Amy Lasky	F	52	469	13	33.33	8.40	74.20	1.18	48.16	155.70
23	Jill Robinson	F	49	470	18	46.15	6.96	61.48	1.16	47.35	154.98
24	Sandy Ross	F	43	468	13	33.33	7.89	69.70	1.22	49.80	152.83
25	Jennifer Greer	F	15	507	14	35.90	6.89	60.87	1.30	53.06	149.82